

THE CAFÉ

AT Venus De Fido



Beverages:

Coffee - Lavazza, The Taste of Italy brand coffee, \$2

Espresso - Lavazza, \$1.75

Iced Espresso - Lavazza, \$2

Unsweetened House Cold Anti-Oxidant Tea, \$2

Natural Sodas, \$2

Fruit Infused Water, \$3

House Matcha Blend, \$5 - Powerful, Premium Green Tea blend with Almond Milk and notes of Citrus and Lavender (Matcha is a great drink for sustained energy, powerful anti-oxidants, anti-inflammation and appetite suppression)

Peach Smoothie Refresher, \$5 - Peaches, fruit and vegetables blended with ice and fresh ginger. According to the Arthritis Foundation, fresh ginger can reduce inflammation and ease sore muscle and arthritis pain

Cafe Green Machine, \$5 - Refresh and cleanse with this balanced blend of fresh greens, citrus and a hint of mint - Only 94 calories!

PB2 Banana Power, \$5 - Organic, low-fat Peanut Butter, Greek Yogurt and Banana protein smoothie

Mango Tango, \$5 - Juicy Mango blended with Pineapple, Orange and Peach.

Orange Creamsicle, \$5 - Orange, and Vanilla, Oh My!

Replacing a Meal? Add Vegan Protein Powder to any Smoothie for \$1

Breakfast:

Morning Bagel, \$5: Everything Bagel toasted and served open face with your choice of Red Pepper Hummus or Cream Cheese, Sliced Cucumber, Red Onion, Tomato, and a light drizzle of House Balsamic Vinaigrette

Morning Soufflé, \$3: A blend of egg, vegetables and cheese nestled in puff pastry dough. Ask for today's flavor

Greek Yogurt Bowl, \$5: Greek Yogurt blended with Pitaya (Powerful anti-oxidant with a delicious, tart taste) layered with Fresh Fruit and topped with House Made Granola

House Made Cinnamon rolls, \$3: Our Wednesday Specialty! - with Pecans and Cream Cheese Icing

House Made Scones, \$2.25, Savory or Sweet. Ask for today's selection

Toasted Bagel, \$2: with cream cheese, herbed butter, or House Made Jam



Lunch Selections:

Daily Specials!, \$7: Ask for today's selection. Daily Specials range from Lasagna to Specialty Salads to Soups. Fan Favorites are Spanakopita, BBQ Chicken Salad and Wisconsin Beer Cheese Soup

Café Cobb, \$7: Crispy greens topped with diced Chicken, hardboiled egg, Spiced Pecans, celery and Ranch dressing

Rosy Chicken Salad, \$7: Diced, Premium Chicken Breast is marinated in our House Made Raspberry Vinaigrette until it takes on a Rosy Hue. We then toss it with Fresh Salad Greens and Crispy Wonton Strips

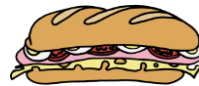
Topopo Salad, \$7: A delicious, Hearty, Healthy Salad with a South of the Border Flair! This layered salad starts with Tortilla Chips, Black Beans, Spanish Rice and Cheddar Cheese. We then top it off with a mixture of Fresh Salad Greens that have been tossed with our Jalapeño Lime Vinaigrette. Served with Charlie's Salsa and Sour Cream

Missing the Meat? Add diced Chicken Breast Vegan? we'll leave off the Cheddar Cheese

Café Asian Salad, \$7: Diced Chicken Breast and Salad Greens tossed with crispy Won Ton Strips, Sliced Almonds and our House Made Asian Vinaigrette dressing



It's Your Choice! Sandwich and Wrap selections, \$7. All Sandwiches and Wraps come with our Side Dish of the Day



Daily Indulgences, Ask for Today's Selections. Fan Favorites include German Chocolate Cupcakes, Petit Fours and Reduced-Guilt Cookies

73600 Alessandro Drive, Palm Desert

760-895-1718

Dear Neighbor,

We at The Café at Venus De Fido want to be your neighborhood lunch destination. Please join us for a healthy, creative, and affordable meal using only the freshest ingredients possible. We pride ourselves on following the "Clean" eating protocol where none of our foods are processed, none contain artificial preservatives, no artificial colors, and no artificial sweeteners. We buy Organic vegetables, fruit, grains and dairy products whenever possible. We also offer a full line of soft drinks with no high fructose corn syrup and no artificial colors.

When you stop by for lunch, allow a few extra minutes to tour our gorgeous new Health Club and Spa!

Catering Available for your next Special Event!

